

top10 mpb

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 ~~~~~ mpb 40M o ~~~~~

| | | |
|------------------|-----|------------|
| aniek de witt | 6,7 | 2010-06-12 |
| suzanne heijmans | 6,8 | 1986-11-11 |
| tessa albers | 6,8 | 1996-11-11 |
| elise v.d. hoorn | 6,9 | 2002-06-29 |
| esther brilman | 6,9 | 2005-09-17 |
| inge lozeman | 6,9 | 2018-05-01 |
| astrid heilker | 7,0 | 1986-11-11 |
| marijke brilman | 7,0 | 2003-05-01 |
| britt hoff | 7,0 | 2009-07-04 |
| lara heinen | 7,0 | 2013-04-24 |

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 ~~~~~ mpb 40M ET o ~~~~~

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|--------------------|------|------------|
| lara heinen | 6,97 | 2013-06-15 |
| benthe de jong | 7,02 | 2016-07-02 |
| aniek de witt | 7,03 | 2010-06-26 |
| jetske meijer | 7,06 | 2013-04-06 |
| dyone van aller | 7,26 | 2017-09-02 |
| tessa van panhuis | 7,28 | 2019-06-15 |
| lara van de vliert | 7,30 | 2015-04-11 |
| nina veenstra | 7,34 | 2012-05-12 |
| linn peters | 7,42 | 2018-07-07 |
| bente wagenveld | 7,45 | 2010-06-05 |

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 ~~~~~ mpb 600M o ~~~~~

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|-------------------|---------|------------|
| inge lozeman | 2:18,94 | 2018-04-07 |
| lisanne van manen | 2:21,6 | 1993-11-11 |
| tessa albers | 2:24,2 | 1996-11-11 |
| annelies kroon | 2:27,8 | 1993-11-11 |
| marije van manen | 2:37,2 | 1995-11-11 |
| lisette kamphorst | 2:44,4 | 1998-11-11 |
| marit van ginkel | 2:44,5 | 1996-11-11 |
| yomna msar | 3:01,0 | 2012-06-27 |

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 ~~~~~ mpb 1000M o ~~~~~

| | | |
|-----------------|---------|------------|
| esther brilman | 3:38,4 | 2005-06-25 |
| boukje mannens | 3:47,7 | 1989-11-11 |
| bente wagenveld | 3:53,19 | 2010-09-11 |
| esther mocking | 3:54,5 | 1988-11-11 |
| tessa albers | 3:55,0 | 1996-11-11 |
| nina veenstra | 3:56,37 | 2012-09-15 |
| annelies kroon | 4:00,0 | 1993-11-11 |
| marijke brilman | 4:02,29 | 2003-09-06 |
| astrid heilker | 4:02,6 | 1986-11-11 |
| brynn wagenveld | 4:05,35 | 2010-09-11 |

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 ~~~~~ mpb hoog o ~~~~~

| | | |
|-------------------|------|------------|
| jetske meijer | 1,15 | 2013-07-02 |
| milana oortjes | 1,10 | 2017-09-02 |
| iris van leuvenen | 1,10 | 2015-03-29 |
| lara heinen | 1,10 | 2013-06-15 |
| esther brilman | 1,10 | 2005-05-18 |
| anna wiersema | 1,10 | 2008-06-14 |
| tessa albers | 1,10 | 1996-11-11 |

top10 mpb

| | | |
|-------------------|------|------------|
| tessa van panhuis | 1,05 | 2019-06-15 |
| ivana snijder | 1,05 | 2016-09-03 |
| sterre blok | 1,05 | 2011-05-26 |
| fenna v.d. brom | 1,05 | 2011-05-26 |
| aniek de witt | 1,05 | 2010-09-11 |
| marijke brilman | 1,05 | 2003-05-01 |

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|                      |      |            |
|----------------------|------|------------|
| esther brilman       | 3,92 | 2005-05-18 |
| lara heinen          | 3,47 | 2013-06-08 |
| esther mocking       | 3,43 | 1988-11-11 |
| aniek de witt        | 3,38 | 2010-06-05 |
| silvie van montfrans | 3,38 | 2018-05-01 |
| boukje mannens       | 3,35 | 1989-11-11 |
| jetske meijer        | 3,32 | 2013-04-06 |
| manon leerink        | 3,32 | 1982-11-11 |
| bente wagenveld      | 3,31 | 2010-04-17 |
| elise v.d. hoorn     | 3,30 | 1111-11-11 |

~~~~~ mpb kogel o ~~~~~

| | | |
|--------------------|------|------------|
| majke van vulpen | 5,89 | 2002-07-01 |
| iris van leuveren | 5,53 | 2015-04-11 |
| marit van ginkel | 5,49 | 1996-11-11 |
| astrid heilker | 5,25 | 1986-11-11 |
| boukje mannens | 5,21 | 1989-11-11 |
| esther mocking | 5,20 | 1988-11-11 |
| lisannen van manen | 5,20 | 1993-11-11 |
| jetske meijer | 4,99 | 2013-06-29 |
| esther brilman | 4,98 | 2005-09-17 |
| marijke brilman | 4,98 | 2003-09-06 |
| joëlle hoff | 4,94 | 2009-07-01 |

~~~~~ mpb bal o ~~~~~

|                    |       |            |
|--------------------|-------|------------|
| brynn wagenveld    | 29,04 | 2010-06-26 |
| bente wagenveld    | 21,29 | 2010-06-26 |
| jetske meijer      | 20,98 | 2013-06-15 |
| lara heinen        | 20,47 | 2013-06-15 |
| esther mocking     | 19,80 | 1988-11-11 |
| aniek de witt      | 19,76 | 2010-09-11 |
| wendy van meerveld | 19,02 | 1989-11-11 |
| esther brilman     | 18,59 | 2005-04-09 |
| liz van omme       | 18,56 | 2013-04-24 |
| majke van vulpen   | 18,41 | 2002-07-01 |

~~~~~ mpb fluitspeer o ~~~~~

| | | |
|--------------------|-------|------------|
| iris van leuveren | 18,82 | 2015-06-13 |
| milana oortjes | 16,37 | 2017-05-13 |
| lara van de vliert | 14,80 | 2015-06-13 |
| tessa van panhuis | 12,94 | 2019-06-15 |
| inge lozeman | 10,53 | 2018-06-02 |
| roos gideonse | 10,52 | 2019-03-30 |
| linn peters | 10,30 | 2018-07-07 |
| isis maessen | 9,22 | 2014-06-10 |

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top10 mpb

lisanne van manen 7,5  
 esther brilman 7,6 2005-02-20

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jetske meijer 7,14 2013-10-27
 anna wiersema 9,70 2007-11-10
 maaïke meijer 10,43 2007-11-10

~~~~~ mpb 50M i ~~~~~

lisanne van manen 8,1 1111-11-11  
 tessa albers 8,5 1111-11-11  
 elise v.d. hoorn 8,5 2001-11-24  
 lisette kamphorst 9,00 1111-11-11  
 marit van ginkel 9,2 1111-11-11  
 yvette kuijpers 9,4 1111-11-11  
 ineke v.d. kaay 9,6 1111-11-11  
 majke van vulpen 9,7 2001-11-24  
 beau van essen 10,1 2001-11-24  
 heleen lugt 10,5 2001-11-24

~~~~~ mpb 50M ET i ~~~~~

lara heinen 8,55 2013-01-26
 aniek de witt 8,69 2009-12-12
 jetske meijer 8,86 2013-01-26
 benthe de jong 8,94 2016-01-30
 elin batist 8,98 2019-11-09
 lara van de vliert 9,00 2014-12-13
 nina veenstra 9,18 2012-01-28
 noa buitink 9,29 2008-02-02
 sarah hoogewoud 9,33 2019-12-14
 brynn wagenveld 9,37 2010-01-02

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nina veenstra 2:27,12 2012-01-28  
 aniek de witt 2:27,4 2010-01-30  
 lara heinen 2:31,40 2013-01-26  
 fenna v.d. brom 2:39,38 2011-01-29  
 inez van gijlswijk 3:53,57 2003-11-08

~~~~~ mpb 1000M i ~~~~~

lisanne van manen 5:42,8 1111-11-11

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jetske meijer 1,15 2013-10-27  
 sterre blok 1,10 2011-03-23  
 anna wiersema 1,10 2008-03-19  
 esther brilman 1,10 2005-02-20  
 iris van leuveren 1,06 2014-12-13  
 lara heinen 1,05 2012-12-15  
 nina veenstra 1,05 2012-03-13  
 noa buitink 1,05 2008-03-19  
 julia bosch 1,05 2019-12-14

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lara heinen 3,67 2013-01-26

top10 mpb

| | | |
|--------------------|------|------------|
| lisanne van manen | 3,57 | 1111-11-11 |
| jetske meijer | 3,47 | 2013-01-26 |
| aniek de witt | 3,41 | 2010-01-30 |
| tessa albers | 3,20 | 1111-11-11 |
| nina veenstra | 3,19 | 2012-01-28 |
| benthe de jong | 3,15 | 2016-01-30 |
| lara van de vliert | 2,98 | 2015-01-31 |
| lisette kamphorst | 2,95 | 1111-11-11 |
| linn peters | 2,95 | 2018-02-03 |

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 ~~~~~ mpb kogel i ~~~~~

| | | |
|--------------------|------|------------|
| lisanne van manen | 5,47 | 1111-11-11 |
| jetske meijer | 5,03 | 2013-10-27 |
| nina veenstra | 4,95 | 2012-03-21 |
| iris van leuveren | 4,90 | 2014-12-13 |
| majke van vulpen | 4,79 | 1111-11-11 |
| emma wolters | 4,73 | 2005-03-15 |
| marieke v.d. geest | 4,58 | 2008-03-26 |
| marianke ponsteen | 4,57 | 1111-11-11 |
| aniek de witt | 4,56 | 2009-12-12 |
| esther brilman | 4,52 | 2005-03-15 |

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 ~~~~~ mpb fluitspeer i ~~~~~

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|----------------|------|------------|
| milana oortjes | 9,89 | 2016-12-17 |
|----------------|------|------------|