

top10 mpc

~~~~~ mpc 40M o ~~~~~

|                   |     |            |
|-------------------|-----|------------|
| suzanne heijmans  | 6,9 | 1985-11-11 |
| lara heinen       | 6,9 | 2012-03-31 |
| esther mocking    | 7,1 | 1987-11-11 |
| tessa albers      | 7,2 | 1995-11-11 |
| esther brilman    | 7,3 | 2004-06-05 |
| elise v.d. hoorn  | 7,3 | 2001-04-07 |
| bente wagenveld   | 7,3 | 2009-07-04 |
| aniek de witt     | 7,3 | 2009-07-04 |
| brynn wagenveld   | 7,4 | 2009-07-04 |
| astrid heilker    | 7,4 | 1985-11-11 |
| lisanne van manen | 7,4 | 1991-11-11 |
| jetske meijer     | 7,4 | 2012-03-31 |

~~~~~ mpc 40M ET o ~~~~~

| | | |
|--------------------|------|------------|
| lara heinen | 7,16 | 2012-09-01 |
| jetske meijer | 7,26 | 2012-09-15 |
| esther brilman | 7,41 | 2004-06-12 |
| benthe de jong | 7,47 | 2015-05-23 |
| dyone van aller | 7,51 | 2016-09-03 |
| elin batist | 7,53 | 2019-05-11 |
| lara van de vliert | 7,66 | 2014-06-10 |
| bente wagenveld | 7,78 | 2009-06-06 |
| inge lozeman | 7,83 | 2017-09-02 |
| brynn wagenveld | 7,86 | 2009-05-09 |

~~~~~ mpc 600M o ~~~~~

|                 |         |            |
|-----------------|---------|------------|
| esther brilman  | 2:08,2  | 2004-10-26 |
| bente wagenveld | 2:15,4  | 2009-07-04 |
| brynn wagenveld | 2:16,0  | 2009-07-04 |
| lara heinen     | 2:18,20 | 2012-09-15 |
| dyone van aller | 2:20,85 | 2016-09-03 |
| jetske meijer   | 2:21,89 | 2012-09-15 |
| aniek de witt   | 2:21,9  | 2009-07-04 |
| elin batist     | 2:23,95 | 2019-09-14 |
| tessa albers    | 2:24,2  | 1995-11-11 |
| jorina kroon    | 2:30,7  | 1998-11-11 |

~~~~~ mpc 1000M o ~~~~~

| | | |
|-------------------|--------|------------|
| esther mocking | 3:49,3 | 1987-11-11 |
| bente wagenveld | 4:09,5 | 1111-11-11 |
| suzanne heijmans | 4:09,8 | 1985-11-11 |
| tessa albers | 4:10,4 | 1995-11-11 |
| brynn wagenveld | 4:12,0 | 1111-11-11 |
| astrid heilker | 4:19,2 | 1985-11-11 |
| bianca buitenhuis | 4:32,9 | 1995-11-11 |
| maaike visser | 4:42,0 | 1985-11-11 |
| lisanne van manen | 4:42,4 | 1991-11-11 |
| yvette kuijpers | 5:13,6 | 1996-11-11 |

~~~~~ mpc hoog o ~~~~~

|                 |      |            |
|-----------------|------|------------|
| esther brilman  | 1,05 | 2004-05-19 |
| jetske meijer   | 1,00 | 2012-04-25 |
| yvette kuijpers | 1,00 | 1996-11-11 |

top10 mpc

|                   |      |            |
|-------------------|------|------------|
| lara heinen       | 0,95 | 2012-04-25 |
| marieke v.d.geest | 0,95 | 2007-06-13 |
| marit van ginkel  | 0,95 | 1995-11-11 |
| tessa albers      | 0,95 | 1995-11-11 |
| suzanne heijmans  | 0,95 | 1985-11-11 |
| megan van essen   | 0,95 | 2011-05-26 |

~~~~~ mpc ver o ~~~~~

| | | |
|------------------|------|------------|
| lara heinen | 3,40 | 2012-09-01 |
| esther mocking | 3,20 | 1987-11-11 |
| esther brilman | 3,13 | 2004-06-12 |
| jetske meijer | 3,13 | 2012-09-01 |
| tessa albers | 3,12 | 1995-11-11 |
| bente wagenveld | 3,07 | 2009-07-04 |
| elise v.d. hoorn | 3,00 | 2001-04-21 |
| aniek de witt | 3,00 | 2009-07-04 |
| benthe de jong | 3,00 | 2015-05-23 |
| elin batist | 2,93 | 2019-09-14 |

~~~~~ mpc hoog o ~~~~~

|                    |      |            |
|--------------------|------|------------|
| iris van leuveren  | 0,85 | 2014-09-19 |
| noëlle huijser     | 0,70 | 2014-09-19 |
| lara van de vliert | 0,60 | 2014-09-19 |

~~~~~ mpc kogel o ~~~~~

| | | |
|------------------|------|------------|
| marijke brilman | 5,94 | 2002-07-01 |
| gorina kroon | 5,32 | 1998-11-11 |
| anne van asperen | 5,26 | 2008-09-30 |
| aniek de witt | 5,00 | 2009-07-01 |
| joëlle hoff | 5,00 | 2008-09-30 |
| carlijn wolters | 4,97 | 2008-09-30 |
| lieselotte molan | 4,94 | 2011-10-06 |
| bente wagenveld | 4,87 | 2009-07-01 |
| nina veenstra | 4,87 | 2011-10-06 |
| anna v.d. hoeven | 4,75 | 2013-07-04 |

~~~~~ mpc bal o ~~~~~

|                     |       |            |
|---------------------|-------|------------|
| jetske meijer       | 19,75 | 2012-09-15 |
| bente wagenveld     | 18,82 | 2009-06-06 |
| tessa albers        | 17,54 | 1995-11-11 |
| brynn wagenveld     | 17,24 | 2009-07-04 |
| majke van vulpen    | 16,80 | 2001-05-26 |
| esther mocking      | 16,74 | 1987-11-11 |
| lara heinen         | 16,49 | 2012-09-01 |
| joëlle hoff         | 15,96 | 2008-05-24 |
| astrid heilker      | 15,50 | 1985-11-11 |
| melanie van de beek | 15,48 | 2010-06-22 |

~~~~~ mpc fluitspeer o ~~~~~

| | | |
|-------------------|-------|------------|
| elin batist | 19,03 | 2019-09-14 |
| evi de wit | 17,46 | 2016-06-18 |
| iris van leuveren | 15,80 | 2014-09-19 |
| benthe de jong | 13,92 | 2015-06-13 |
| noëlle huijser | 12,80 | 2014-09-19 |
| sarah hoogewoud | 10,99 | 2019-05-11 |

top10 mpc

| | | |
|--------------------------|---------|------------|
| eden duine | 10,52 | 2019-06-15 |
| ivana snijder | 10,12 | 2015-06-13 |
| dyone van aller | 10,05 | 2016-07-02 |
| julia bosch | 9,76 | 2019-03-30 |
| ~~~~~ | | |
| ~~~~~ mpc 4x 40m o ~~~~~ | | |
| julia-eden-sarah-elin | 32,20 | 2019-03-30 |
| ~~~~~ | | |
| ~~~~~ mpc 40M ET i ~~~~~ | | |
| lara heinen | 7,45 | 2012-03-03 |
| jetske meijer | 7,63 | 2012-03-03 |
| ~~~~~ | | |
| ~~~~~ mpc 50M i ~~~~~ | | |
| lorina kroon | 9,7 | 1998-11-11 |
| marleen rozema | 9,8 | 2005-12-17 |
| ~~~~~ | | |
| ~~~~~ mpc 50M ET i ~~~~~ | | |
| aniek v.d. braak | 8,84 | 2019-12-14 |
| lara heinen | 9,17 | 2012-01-28 |
| jetske meijer | 9,29 | 2012-01-28 |
| elin batist | 9,60 | 2019-02-02 |
| evi de wit | 9,94 | 2015-12-14 |
| sarah hoogewoud | 9,95 | 2018-12-15 |
| emelie van nifterik | 9,99 | 2019-11-09 |
| julia bosch | 10,00 | 2019-02-02 |
| anna wiersema | 10,05 | 2006-12-16 |
| esther brilman | 10,06 | 2003-12-11 |
| ~~~~~ | | |
| ~~~~~ mpc 600M i ~~~~~ | | |
| jetske meijer | 2:24,96 | 2012-03-03 |
| lara heinen | 2:25,44 | 2012-03-03 |
| ~~~~~ | | |
| ~~~~~ mpc hoog i ~~~~~ | | |
| lara heinen | 0,95 | 2012-03-03 |
| esther brilman | 0,95 | 2004-03-23 |
| jetske meijer | 0,90 | 2012-03-14 |
| nina veenstra | 0,90 | 2011-03-23 |
| anna wiersema | 0,90 | 2007-02-03 |
| aniek de witt | 0,90 | 2009-03-18 |
| megan van essen | 0,90 | 2011-03-23 |
| marieke v.d. geest | 0,90 | 2007-03-21 |
| inez van gijlswijk | 0,90 | 2003-01-01 |
| ~~~~~ | | |
| ~~~~~ mpc ver i ~~~~~ | | |
| aniek v.d. braak | 3,30 | 2019-12-14 |
| jetske meijer | 3,12 | 2012-01-28 |
| lara heinen | 2,88 | 2012-01-28 |
| elin batist | 2,87 | 2019-02-02 |
| noa buitink | 2,70 | 2007-02-24 |
| marleen rozema | 2,70 | 2005-12-17 |
| sarah hoogewoud | 2,65 | 2019-02-02 |
| emelie van nifterik | 2,65 | 2019-11-09 |
| anna wiersema | 2,52 | 2006-12-16 |
| maaike meijer | 2,41 | 2006-11-04 |
| eden duine | 2,41 | 2018-12-15 |

top10 mpc

~~~~~  
 ~~~~~ mpc kogel i ~~~~~

| | | |
|-------------------|------|------------|
| emma wolters | 5,83 | 2004-04-23 |
| joëlle hoff | 5,38 | 2008-03-26 |
| esther brilman | 5,25 | 2004-03-23 |
| aniek de witt | 5,22 | 2009-03-25 |
| jasmijn v.d. veen | 5,14 | 2005-03-15 |
| elma pekelaer | 4,73 | 2005-03-15 |
| brynn wagenveld | 4,67 | 2009-03-25 |
| anne van asperen | 4,64 | 2008-03-26 |
| britt hoff | 4,63 | 2008-03-26 |
| maartje kamphuis | 4,51 | 2012-03-21 |

~~~~~  
 ~~~~~ mpc foamspeer i ~~~~~

| | | |
|------------------|-------|------------|
| jetske meijer | 10,62 | 2012-01-28 |
| marleen rozema | 9,04 | 2005-12-17 |
| melanie van beek | 8,34 | 2010-03-24 |
| anna v.d. hoeven | 7,02 | 2013-03-20 |
| kayley vissia | 6,23 | 2010-03-24 |
| anna wiersema | 5,78 | 2006-12-16 |
| maaike meijer | 5,61 | 2006-12-16 |
| lara heinen | 5,19 | 2012-01-28 |
| kim v.d. veen | 4,93 | 2010-03-24 |
| noa buitink | 4,80 | 2007-02-24 |

~~~~~  
 ~~~~~ mpc fluïtspeer i ~~~~~

| | | |
|---------------------|-------|------------|
| aniek v.d. braak | 15,61 | 2019-12-14 |
| elin batist | 14,25 | 2018-11-10 |
| evi de wit | 13,15 | 2015-12-14 |
| sarah hoogewoud | 11,18 | 2018-12-15 |
| emelie van nifterik | 10,64 | 2019-11-09 |
| eden duine | 8,68 | 2019-02-02 |
| julia bosch | 8,18 | 2019-02-02 |